WV FAMILY SUPPORT & REHABILITATION SERVICES (WVFSRS)

NEWSLETTER

ISSUE JUNE 2023

FUN FACTS ABOUT JUNE

 June has traditionally been the fourth month of the year. It became the sixth month of the Julian calendar after two more months were added in 46 B.C. The Julian calendar is named after Julius Caesar and he developed it after being advised by the Alexandrian astrologer Sosogenes, who recommended the Egyptian method of counting solar days, taking the length of the year to 365 days.



SEE INSIDE FOR OUR PHOENIX RISING ANNOUNCEMENT!!



SHIRLEY TEMPLE CLIENTS ARE STAYING BUSY THIS SEASON! BAPTISMS AND GRADUATIONS. DETAILS INSIDE.









COLORFUL FLOATS, RAINBOW FLAGS AND PLENTY OF FUN AND GLITTER DURING THE MONTH OF JUNE, THESE ARE JUST A FEW OF THE MANY WONDERFUL THINGS ASSOCIATED WITH PRIDE.

PRIDE MONTH IS A CELEBRATION AND COMMEMORATION OF THE LGBTQ+ COMMUNITY, PARTICULARLY ITS PURSUIT OF EQUAL JUSTICE UNDER THE LAW AND EQUAL RIGHTS.

WHEN IS PRIDE?

PRIDE IS CELEBRATED INTERNATIONALLY EVERY YEAR IN JUNE, EMERGING FROM THE STONEWALL RIOTS THAT TOOK PLACE IN JUNE 1969.

ON SATURDAY, JUNE 3RD, 2023 WE ARE EXCITED TO CELEBRATE PRIDE WITH OUR ANNUAL PRIDE PARADE IN HISTORIC DOWNTOWN CHARLESTON! WHETHER YOU AND YOUR ORGANIZATION WOULD LIKE TO JOIN AND WALK IN THE PARADE, RIDE ALONG IN A VEHICLE, OR CREATE A UNIQUE THEMED FLOAT, ALL ARE WELCOME TO TAKE PART IN THE FESTIVITIES.

REGISTER







2023 WV PEER RECOVERY SUPPORT SERVICES AND RECOVERY HOUSING CONFERENCE

JUNE 21. 2023 - JUNE 23. 2023

EMBASSY SUITES BY HILTON CHARLESTON, 300 COURT ST, CHARLESTON, WV 25301
WELCOME TO THE 2023 WEST VIRGINIA PEER RECOVERY SUPPORT SERVICES AND RECOVERY HOUSING
CONFERENCE - LIVING RECOVERY!
THIS EVENT WILL BE IN-PERSON AND VIRTUAL THIS YEAR!

DURING THIS THREE-DAY HYBRID EVENT, YOU'LL LEARN MORE ABOUT THE ROLE OF PEER RECOVERY COACHES AND RECOVERY HOUSING. SESSIONS WILL INCLUDE TOPICS ON MEDICATION ASSISTED TREATMENT, TRAUMA, CO-OCCURRING DISORDERS, NUTRITION, AND RECOVERY HOUSING CERTIFICATION AMONG OTHERS. THIS CONFERENCE IS DESIGNED FOR YOU. WE CHALLENGE YOU TO EXPLORE THE COMPLEX ISSUES ASSOCIATED WITH BUILDING AND WORKING IN A PEER RECOVERY SYSTEM. WE ENCOURAGE YOU TO EXPLORE NEW PARTNERSHIPS AND LIAISONS. WE INVITE YOU TO ENJOY THIS TIME TOGETHER WITH YOUR PEERS. WE ARE SO GLAD YOU'RE HERE.





Walking for Recovery 2023

WALKING FOR RECOVERY 2023, HOSTED BY MARSHALL UNIVERSITY'S COLLEGIATE RECOVEY COMMUNITY (CRC) AND HUNTINGTON PRIDE, AIMS TO BRING THE LOCAL COMMUNITY TOGETHER TO RAISE AWARENESS OF THE RECOVERY RESOURCES AVAILABLE IN OUR STATE.

GUEST SPEAKERS INCLUDE DIRECTOR OF HUNTINGTON'S COUNCIL ON PUBLIC HEALTH AND DRUG CONTROL POLICY, JAN RADER, AND WEST VIRGINIA HOUSE OF DELEGATES, MIKE PUSHKIN.

VENDORS WILL BE SET UP TO SHARE RESOURCES. PLEASE REGISTER!

THE EVENT IS FREE FOR BOTH VENDORS AND THOSE ATTENDING TO WALK. WE DO HOWEVER ASK THAT YOU STILL REGISTER, SO WE CAN HAVE AN ESTIMATED HEAD COUNT.

IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT RYAN ELKINS AT ELKINS167@MARSHALL.EDU





SHIRLEY TEMPLE

CLIENT OF THE MONTH

Congratulations, Stephanie Arthur!

IF STEPHANIE ARTHUR COULD GIVE YOU ONE PIECE OF ADVISE IT WOULD BE TO "STAY HUMBLE AND REMEMBER WHERE YOU CAME FROM". "SHIRLEY TEMPLE HAS ALLOWED ME TO COME OUT OF MY SHELL AND HELP OTHERS."

GRADUATES







"I LEARNED ALOT ABOUT MYSELF WHILE I WAS HERE, I WOULD RECOMMEND THIS PROGRAM TO ANYONE." CHESTER RIFFLE

just graduated c





We had a great time celebrating our April Graduates. Pizza and Felowship in honor of their successes! Congratulations, we are so proud of you!









THERE'S NO QUESTION THAT VOLUNTEERING HELPS
IMPROVE THE LIVES OF OTHERS. BUT HOW
IMPORTANT IS VOLUNTEERING TO THE VOLUNTEER?
SIMPLY PUT, ACTS OF KINDNESS CAN ALSO IMPROVE
OUR LIVES TOO.

SHIRLEY TEMPLE HOSTED A DAY OF SERVICE ON SATURDAY, MAY 28TH. THE DAY ENCOURAGED CLIENTS TO WORK TOGETHER AND BOND OVER BETTERING THEIR COMMUNITIES THROUGH SERVICE WORK. OVER 260 INDIVIDUALS SHOWED UP FOR FOOD, DONATIONS AND FELLOWSHIP.

WE BELIEVE THAT EVERYONE, REGARDLESS OF THEIR BACKGROUND, HAS SOMETHING THEY CAN CONTRIBUTE TO BUILDING A BETTER WORLD-WHETHER THAT BE THROUGH AN ACT OF KINDNESS, OR DONATING THEIR TIME OR MONEY. WE ARE GRATEFUL FOR THE ONES WHO SHOWED UP AND SHOWED OUT IN THE NAME OF COMMUNITY.















PHOENIX RISING TRANSITIONAL HOMES (AFFILIATION OF WVFSRS)

ASCEND TO NEW HEIGHTS

AFTER MONTHS OF HARD WORK AND DEDICATION, WVFSRS & AFFILIATION: PHOENIX RISING TRANSITIONAL HOMES FINALLY HAS A STATE APPROVED:

LICENSED BEHAVIORAL HEALTH CENTER (LBHC) 3.1 LOC -INPATIENT RESIDENTIAL TREATMENT FACILITY!!!!

THE RESIDENTIAL FACILITY WILL BE LOCATED AT THE 2444 COLLIS AVENUE, HUNTINGTON, WV 25703 (CABELL COUNTY) ADDRESS!!! THE FACILITY WILL HOLD 9 FEMALE BEDS! WE ARE SO PROUD TO HAVE THIS APPROVED, AND WE VERY EXCITED TO SEE HOW WVFSRS, SHIRLEY TEMPLE, & PHOENIX RISING CONTINUES TO GROW AND HELP THOSE WITHIN OUR COMMUNITIES AND THE BEHAVIORAL HEALTH & SUBSTANCE USE DISORDER FIELDS!!!

THANK YOU AGAIN TO ALL INVOLVED TO MAKE THIS PROCESS SUCCESSFUL!!!! WE VALUE AND APPRECIATE EVERY SINGLE ONE OF YOU! YAYYYYYY!!!!!!



ANNOUNCEMENT







PHOENIX RISING EXPERIENCE:

I'VE BEEN THROUGH SEVERAL DETOX AND 28-DAY PROGRAMS TRYING TO FIND A WAY OUT OF MY DRUG ADDICTION. BUT I NEVER PUSHED MYSELF TO DO MORE THAN THAT, I DON'T KNOW WHY THE THOUGHT OF TRYING SOBER LIVING MADE ME SO UNEASY-MAYBE BECAUSE AT THE TIME I COULDN'T DISTINGUISH A DIFFERENCE BETWEEN SOBER LIVING AND LONG-TERM TREATMENT. AND I THOUGHT I WOULD BE LOCKED UP. MAYBE DEEP DOWN I WASN'T READY TO QUIT. ONCE I BECAME WILLING TO GIVE IT A TRY, I OPENED MYSELF UP TO LEARNING WHAT RECOVERY COULD ACTUALLY DO FOR ME. MY FIRST THOUGHT WAS. I MIGHT AS WELL TAKE A CHANCE AND GO BECAUSE I COULD ALWAYS LEAVE IF IT WASN'T COMFORTABLE. ALSO. BEFORE I LEFT THE ONE-MONTH PROGRAM I WAS AT ME AND ANOTHER GIRL DECIDED WE'D GO TO THE SAME PLACE SO THAT WE WOULD KNOW SOMEONE WHEN WE GOT THERE, I WAS SCARED OF BEING ALONE BECAUSE I HAD BEEN EXTREMELY CO-DEPENDENT ON MY HUSBAND FOR SO MANY YEARS. IT HELPED TO KNOW SOMEONE WHEN I GOT HERE BUT IT WASN'T LONG BEFORE THAT PERSON ENDED UP LEAVING. LUCKILY BY THEN I HAD ENOUGH INDEPENDENCE TO RECOVER ON MY OWN. AS IT TURNS OUT. I NEVER REALLY HAD TO BE ON MY OWN. WITHIN TWO MONTHS THE RECOVERY COACHES AT PHOENIX RISING HELPED ME PUT MY LIFE BACK TOGETHER-IN WAYS I NEVER EXPECTED. IT HAD BEEN ALMOST 5 YEARS SINCE I HAD EVEN HAD AN ID. AND WAY LONGER SINCE I HAD A REAL JOB. BEFORE COMING HERE. I NEVER EXPECTED TO BE CONSIDERED EMPLOYABLE AGAIN. I DIDN'T EVEN HONESTLY WANT THAT KIND OF LIFE. I WAS HONESTLY COMPLETELY DIFFERENT BEFORE I GOT HERE. THE COACHES TAUGHT ME WHY MY INDEPENDENCE WAS IMPORTANT. THEY MADE ME GO TO MEETINGS. AND LEARN HOW TO TALK TO OTHER PEOPLE AGAIN. MY SOCIAL ANXIETY WAS SO BAD BEFORE I CAME INTO RECOVERY. I DIDN'T KNOW HOW TO HAVE A NORMAL CONVERSATION OR EVEN LOOK PEOPLE IN THE EYE. I LOVE THIS PROGRAM FROM THE BOTTOM OF MY HEART BECAUSE IT GAVE ME FREEDOM AND TAUGHT ME HOW TO BE AN ADULT. THANK YOU PHOENIX RISING STAFF!

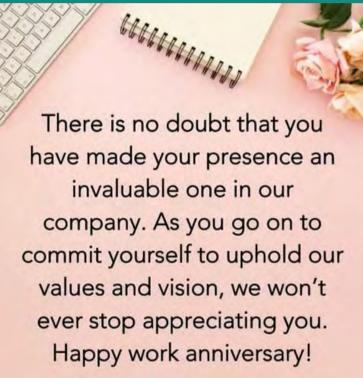






The best and **most beautiful things** in the world
cannot be seen or even touched they must be **felt with the heart.**

– Helen Keller



Thetalka.com



06/23/2020

AMY WALKER

THANK





Tiffany Jantiago

AOW HAVE YOU GROWN AS A PERSON, SINCE STARTING WITH THIS COMPANY?

SINCE STARTING WITH WVFSRS, I HAVE GROWN IN A MULTIPLE OF WAYS.

ALTHOUGH, STILL WORKING ON IT, I BELIEVE WHAT STANDS OUT THE MOST IS

MY GROWTH WITHIN INCREASING MY KNOWLEDGE WITHIN THE FIELD,

LEARNING HOW TO HANDLE DIFFERENT SITUATIONS, AND LEARNING HOW TO

MANAGE DIFFERENT PERSONALITIES AND THE NEEDS OF INDIVIDUALS.

WHAT IS THE HARDEST THING ABOUT YOUR JOB?

EVERYONE'S JOB IS DIFFICULT. THE THING I BELIEVE IS HARDEST ABOUT MY POSITION, IS WANTING SO MUCH FOR WVFSRS AND EVERYONE, WHILE HAVING TO TAKE BABY STEPS TO ACHIEVE IT ALL. WANTING EVERYONE TO LOVE THEIR JOB AND TRYING TO FIND DIFFERENT CREATIVE WAYS TO INCREASE OUR PRESENCE AND ASSISTANCE WITHIN THE RECOVERY COMMUNITY.

WHAT WOULD THE TITLE OF YOUR BIOGRAPHY BE? "THEY TOLD ME I COULDN'T...THAT'S WHY I DID"

IF YOU COULD CHOOSE ONE SONG THAT WOULD PLAY EVERY TIME YOU WALKED INTO A ROOM, WHAT WOULD IT BE?

THIS IS IMPOSSIBLE FOR ME TO CHOOSE; I LOVE MUSIC TOO MUCH TO CHOOSE JUST ONE SONG LOL

WHAT GOAL ARE YOU WORKING TOWARDS RIGHT NOW?

CONTINUOUSLY WORKING ON GROWING, NOT ONLY FOR WVFSRS, BUT ALSO IN MY PERSONAL LIFE. I BELIEVE YOU NEVER STOP LEARNING.

IF I GAVE YOU \$5000 TODAY TO GIVE AWAY, WHO WOULD YOU GIVE IT TO AND WHY?

WELL, IF THE MONEY WAS GIVEN TO ME TO GIVE AWAY, I WOULD GIVE TO A PROGRAM INVOLVING ADOLESCENTS, BECAUSE THIS IS ONE OF MY PASSIONS. BUT IF FREE MONEY AND ABLE TO DO WHAT I PLEASE, I WOULD PLAN A TRIP TO ITALY LOL





Happy Birthday AMANDA!!

18 JUN

"I'VE GROWN SO MUCH SINCE STARTING HERE, IVE LEARNED TO BE DEPENDABLE, PATIENT AND MORE ACCEPTING."

"THE HARDEST PART OF THIS JOB IS -ACCEPTING THAT I CAN'T SAVE EVERYONE."

"IF I WASN'T WORKING HERE I WOULD BE A STAY AT HOME MOM, IVE ALWAYS WANTED TO BE."



ON THIS SIGNIFICANT DAY, WE WANT TO THANK YOU FOR ALWAYS DOING A GREAT JOB AND BEING SUCH A FANTASTIC PERSON AND PROFESSIONAL AS YOU ARE! MAY YOUR SUCCESS SHINE WITH EVEN BRIGHTER COLORS THROUGHOUT THIS PERSONAL NEW YEAR OF YOURS. HAPPY BIRTHDAY!









WE NOW HAVE A OR CODE THAT LINKS STRAIGHT TO THE WVFSRS WEBSITE.



